

Bethesda Big Train
Host Family Guidelines

For Host Family:

1. Most players are under the age of 21. Providing alcohol or drugs or allowing the consumption of alcohol or drugs is strictly prohibited. There is a ZERO tolerance policy on this matter. Families will no longer be allowed to host players and the player will be sent home immediately.
2. Provide a clean, safe, smoke-free environment, including a bedroom
3. Reasonable use of bathroom and laundry facilities
4. Breakfast materials for players who want to make a morning meal.

For Player:

1. Keep their room in a clean and orderly fashion. Players will be held responsible for any household damages they cause.
2. Provide own health and personal care items.
3. Be courteous, helpful and pleasant to their hosts.
4. Refrain from the use of tobacco, alcohol, or drugs.
5. Minimize the noise level of their activities, including their comings and goings, so as not to unduly disturb their host family.
6. Pay for their own expenses out of their money.
7. Charge long distance calls to a pre-purchased calling card or use a cell phone.

Host Family/Player relationships differ from household to household. Here are some thoughts and suggestions:

- Within first week, sit down together to discuss household rules and guidelines (laundering uniform, rules when host family is gone)
- Show player around Bethesda and DC area
- Players may arrive home late from games so it is important to discuss the best way they can enter house and other rules for example if late-night showers are permissible
- Guidelines related to having guests over to the house
- If player is of legal drinking age, discuss drinking policy in the house
- Discuss any other issue of importance for player and host family

Please Sign below once you have discussed these guidelines together.

Player _____

Host Family _____